

Frequently Asked Questions (FAQs) – South East Running Festival

What time and date is the event held?

The festival will take place on Sunday 13th April 2025 and kicks off at 7:30 AM with the 21km runners. Make sure to arrive early to check in, warm up, and soak up the pre-race excitement!

Event times will be as follows:

Time	Event	
6.30am	Venue opens. Participants arrive, check-in, and warm up	
7am	Opening ceremony with a welcome speech and event overview	
7.30am	Start of the 21km Half Marathon	
8.00am	Start of the 10km race	
8.30am	Start of the 5km race	
9.15am	Start of the 1km Children's Dash	
9.30am	Post-race celebrations begin	
10am	Awards ceremony recognising winners in each category	
11.30am	Event concludes	

Please note that an event briefing will be held 15 minutes prior to each event start time.

Where is the event located?

The festival is located at Dandenong Stadium, 270 Stud Road, Dandenong. The races begin outside and finish inside the stadium. The course also takes you through the Melbourne Water Wetlands before finishing inside the facility.

You can see the map <u>here</u>.

What surface is the event held on and is there much elevation?

The vast majority of the course is on concrete, however there are small bits of gravel path. Should the weather be dry, you will be able to run on either the gravel or the surrounding grass in these areas.

The course is relatively flat with minor periods of decline and elevation as you enter and exit tunnels along the track.

How do I register for the event?

You can register online via our event website. Be sure to secure your as places are filling fast. Click here to register now.

What are the race distances and age limits?

We offer something for everyone:

- 21km Half Marathon participants must be at least 15 years of age on day of event
- 10km participants must be at least 12 years of age on day of event
- 5km participants must be at least 10 years of age on day of event
- 1km Children's Dash participants must be 10 years of age or under on day of event

Is the event family-friendly?

Yes! This is a family-friendly festival. We have also include a 1km Children's Dash for children under 10 so that all can get involved.

South East Leisure

Can parents run the 1km Children's Dash?

Parents are more than welcome to run the dash with their registered child/ren.

Will there be on-site parking?

Yes, there is parking available at Dandenong Stadium. There are also several bike racks at the front of Dandenong Stadium.

When and where do I collect my t-shirt and race day bib?

Each participant will be given a timing device built within their race bib which will record their time on the day. Participants (excluding Children's 1km dash participants) will also be able to collect an event t-shirt at the same time.

Bibs/race numbers will be required to be picked up in the week leading into the event, with exact details to be confirmed closer to the date.

Participants can also collect family/friends race bib.

Will there be drink stations on course?

Yes, there will be 3 drink stations throughout the course. Due to the overlapping nature of the course this means that you will pass a drinking station approximately every 2.5km's.

What should I bring on race day?

- Comfortable running attire and shoes.
- Sunscreen and a hat for sun protection.
- Your race bib if you have collected this prior to the event
- If you are planning to bring personal belongings we encourage you to wear a running belt or leave these with a friend or family member who are not participating.

Are there prizes for the winners?

A winners medal will be presented to winners in each category. There will also be prizes for the winners and spot prizes available. These will be confirmed closer to the date.

Will participants receive a medal for participation?

All participants will also receive a medal upon completing their event.

Can I bring my pet?

For safety reasons and to ensure the comfort of all participants, pets are not permitted on the course or in Dandenong Stadium. Guide Dogs and Assistance Dogs are permitted as required.

Will there be food and drinks available?

Yes! There will be a variety of food and beverages at the stadium, so bring your appetite and enjoy the festival atmosphere.

Is the course accessible for wheelchairs?

Unfortunately, the course for this year's event is not fully wheelchair accessible.

What happens if it rains?

The event will proceed rain or shine! However, if severe weather conditions arise, we will provide updates on our website, social media channels, via email and SMS. Any changes will be guided by our Inclement Weather Policy.



Can I volunteer for the event?

Yes, we'd love to have you on board! Volunteers play a key role in making the day a success. Please email <u>info@southeastleisure.com.au</u> if you are interested in volunteering.

Will there be toilets?

Yes, there are multiple toilets at the event hub within Dandenong Stadium. There is also a public toilet that is located between the start line and Dandenong Stadium

When will I be able to get a refund?

Refunds will not be provided for change of mind. In the event of a cancellation due to matters outside of South East Leisure's control a full or partial refund may be provided.

Can I change distance after I register?

If you wish to transfer to a shorter distance event at the same festival, no refund or credit for the difference in price between the two distances will be given. If wish to upgrade to a longer distance then you will need to pay the price difference if applicable. Please email <u>info@southeastleisure.com.au</u> to complete this.